

# Hygea Patient Hand Hygiene



## When to clean your hands

- 1** Visibly dirty hands
- 2** Coughing & sneezing
- 3** Before & after eating/drinking or taking medicines
- 4** When leaving or entering your bedspace
- 5** After using a toilet/commode/bedpan

If you do not have access to a sink to wash your hands, use a hand wipe.

## How to use a hand wipe

- 1** Palm of hands
- 2** Back of hands
- 3** Each finger & thumb



Produced in association with the Department of Infection Prevention & Control

