

# Spotlight on...Hand Hygiene



## Did you Know...



**8 out of 10** infections are spread through contact with hands



**1 in 3** facilities lack hand hygiene facilities at the point of care



Appropriate hand hygiene prevents up to **50%** of avoidable HCAs

## The Impact

**£2.7**  
BILLION

HCAIs cost the NHS around **£2.7 billion** a year and an estimated extended length of hospital stay of up to **25 days\***

## Five Moments of Hand Hygiene

1 Before touching a patient

2 Before a procedure



3 After body fluid exposure risk

4 After touching a patient

5 After touching patient surroundings

## Hand Hygiene Best Practises



Soap & water



Hand wipes



Alcohol-based hand rubs



We have a full range of hand wipes, clinically proven to kill 99.999% of bacteria & effective against non-enveloped viruses including Norovirus in 30 seconds.



To access our Bitesize Learning infographic series, visit our website.

\*References on request

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