Let's Magnify...Measles!

中 Measles is a highly contagious virus that lives in the nose and throat of an infected person. Infants and children are more likely to be at risk of Measles, but it can affect adults too.

♣ Pathogen type: Enveloped Virus



#### **How it is Spread**



Breathing in contaminated air or touching an infected surface.



Touching eyes, nose or mouth after coming into contact with the virus-containing droplets.



Infected people are considered contagious from 5 days before the onset of the rash to four days afterwards.

#### **Symptoms**



Cold-like symptoms: Cough and high fever.



Koplik spots in the mouth (2-3 days after symptoms begin).



Measles rash (3-5 days after symptoms begin).

#### **Prevention Strategies**



Immunisation via the 2 doses of the MMR vaccine which is at least 95% effective.



Practice good hand hygiene.



Clean and disinfect surfaces regularly – the virus can survive on surfaces for up to 2 hours.



Cover your mouth and nose with a tissue when you cough or sneeze.

### **Measles Killing Products**

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